

Rubrics for Today: Resurrection Tone 4

Resurrection Tone Sheets are on the Literature Table

Along with Special Tone Sheets for the for S^t John Climacus

Resurrection Texts are also in the Appendices of the Black Liturgy Books

PRAYER CORNER

May God Grant Many Years! to **Joseph** Lukas-Drouillard, **Mary Jo** Austin, **Margaret** Jannakos, **Josef** Witz, **Kerry** Kinnick, **Laurel** Fisher, **Nikolai** Vera, **Anna** Zagrai and **Tessa** Wollard on their Birthdays.

May the Lord grant His mercy and healing diagnosed with cancer: Olga, Nona (Gretchen), Ionela, Madalena, Archpriest Steven, Caroline, Frank, Deacon Jeremiah, Stephanie, Sara, McKenzie, Nicole, Robert, Peter, Ita, Carol, Deacon Gerasimus, Juan, Ivan, Lubov, Daria, Cynthia, Karen, Paul, Protodeacon Nicholas, Archbishop Nikon of Boston and Archbishop Lazar.

And for those in remission from cancer: Madolyn, Dr. Frye, Mary Beth, Ron, Galina, Yelena, Yelena, Jasmine and F^r Silouan.

May the Lord grant His mercy and healing to those with other ailments, injuries, difficult situations and intentions needing prayer: Diana, Emily, Kathleen, Virginia and her unborn child, Alex, Liliana, Bella, Elizabeth, Camille, Allen, Ryan, Jared, Rebecca, Randel, Ludmilla, Rebecca, Mary, Joni, Infant Ransom, Jackson, Jennifer, Peggy, Mioara, George, Kent, Connie, Peter, infant Jackson, child Sophia, child William, Mikhail, Jason & Kristina, Toby, infant Katie, Nina, Elizabeth, Matushka Ingrid, Evdokiya, Michael, Ana, Bob & Marilyn, George, Gabriella & Andrei, Loretta, Richard, Bill, Maria, Andrey, Nikolay, Fotiniya, Joseph David, Carolyn, Deacon Steven, Kendrick, Camryn, Emma, Subdeacon Columcille, John & Sharon, Deacon Gerry, Irene, Subdeacon Gregory and Ernest.

Please Pray for our Catechumens: Kelly, Debra and Daniel.

God Grant Many Years! to all those others celebrating Name Days, Birthdays and Anniversaries.

O Lord, please send your angels to watch over all those traveling.

PARISH FINANCIAL REPORT THRU FEBRUARY, 2019

Operating Income: \$22, 110⁵⁹ Operating Expenses: \$20,200⁸⁴
Charity Collections: \$823⁵⁵ Building Fund Income: \$507,228⁴⁸

ANNOUNCEMENTS

THE CHILDREN FROM OUR SUNDAY SCHOOL ARE HAVING A LENTEN COLLECTION OF MEN'S SHOES FOR S^t MARTIN'S HOSPITALITY CENTER. There is a box in the library where you can put either new or gently worn shoes. If you have any questions please contact our Sunday School Coordinator, Subdeacon Silouan Parchert at 505-440-1604.

PRE-PASCHA CHURCH CLEANING: Please plan to join us. It will take place on Saturday, April 13th starting at 9:00am. Brunch will be provided by the parish. Please sign up in advance on the literature table. Thank you!

If YOU WISH TO CONTRIBUTE to a charitable fund for **Matushka Ingrid** all you need do is write a check to ASONA and write "Matushka Ingrid" on the "for" line and it will be passed through to her. Thank you.

THE PRAYER OF S^t EPHRAIM is our faithful companion during the Lenten journey. This prayer is incorporated in every weekday service during the Great Fast, but we should also include it in our own prayer rule as well. Furthermore, I would like to encourage us to contemplate on its profound meaning in the coming days leading to Pascha.

PRAYER OF S^t EPHRAIM

O Lord and Master of my life! Take from me the spirit of sloth, despair, lust of power, and idle talk (full prostration).

But give rather the spirit of chastity, humility, patience, and love to Thy servant (full prostration).

Yea, O Lord and King! Grant me to see my own transgressions and not to judge my brother; for blessed art Thou unto ages of ages. Amen (full prostration).

O God, cleanse me a sinner and have mercy on me (12x, bowing each time). Then repeat the entire prayer as a whole with only one full prostration at the very end.

REPENT FOR THE KINGDOM OF HEAVEN IS AT HAND!

Great Lent is often referred to as the school of repentance, because the purpose of the fast is not to change our diet, but to undergo a change of mind, a change of heart, a true conversion. And in order for this to become a reality it is indispensable for us to prepare ourselves and come to the Sacrament of Confession with humility and contrition for a broken and contrite heart, God will not despise (Psalm 51:17). Our typical time for Confession is on Saturdays after Great Vespers. However, I'm available at other times if you would like to contact me and make an appointment. Please do not wait until the end, for due to the busy schedule of Holy Week, there will be no Confessions then.

....God Bless, F^r Nikolay