

THIS WEEK'S CALENDAR

3rd SUNDAY OF GREAT LENT

VENERATION OF THE PRECIOUS CROSS

9:10am: 3rd & 6th Hours 9:30am: Divine Liturgy

Acolytes: check in the Altar Church School

Hours: Reader Michael

Thanksgiving Prayers: Subdeacon Silouan

Potluck: Q – Z

Tues: 4/2: 10:00am: Recitation of the *Jesus Prayer*
 10:30am: Book Study: *Saint Nektarios*
 6:30pm: Men's Group at the Wyoming & Paseo *Flying Star*

Wed: 4/3: **5:30pm: 9th Hour & Typica**
 6:00pm: LITURGY OF THE PRESANCTIFIED GIFTS
 Lenten Potluck

Fri: 4/5: **6:00pm: Akathist with Small Compline**
 7:00pm: Orthodoxy Class

Sat: 4/6: **MEMORIAL SATURDAY**
 10:00am: DIVINE LITURGY IN SLAVONIC,
 GENERAL PANIKHIDA potluck
 5:00pm: Choir Rehearsal
 6:00pm: Great Vespers, Confessions

Sun: 4/7: **4th SUNDAY OF GREAT LENT**
 S^t JOHN CLIMACUS
 9:10am: 3rd & 6th Hours 9:30am: Divine Liturgy

Acolytes: check in the Altar Church School

Hours: Bill Boyle *Thanksgiving Prayers:* Mikael Martinez

Potluck: A – G

All Saints of North America Orthodox Church



10440 4th St. NW, Albuquerque NM 87114 (505) 792-1997

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A Parish of the Orthodox Church in America (OCA)

Diocese of the South (DOS)

The Rev. Priest Nikolay Miletkov, Rector...505-659-5077

The Rev. Protodeacon Nicholas Jannakos...505-332-2033

The Rev. Deacon Stephen Henne...505-369-0638

The Rev. Deacon Gerry Sondergaard...505-990-0415

Rolf Sondergaard, Parish Council President...505-401-6791

3rd Sunday of Great Lent

March 31st 2019

Heb 4: 14 – 5: 6

Mark 8: 34 – 9:1

S^t Innocent of Alaska

WELCOME VISITORS! CHRIST IS IN OUR MIDST!

We are honored you are visiting today. * Liturgy **Books** may be found next to the **Candle Table** at the back of the church. * We **invite you to fill out a Visitor's Card** on the Candle Table & place it in one of the Collection Baskets there. * We do not take up a **Collection** during our services but rather ask you to place donations in one of the baskets on the Candle Table or next to the **Book Store Table**. * While only Orthodox Christians who have prepared themselves may receive **Holy Communion**, everyone is welcome to come forward at the end of Liturgy to receive a blessing from our priest and to take the blessed bread. * It is the **Orthodox practice** to stand during services as a sign of reverence for the Lord but if you need to sit, please do so. Use of chairs is shared. If you are able, we particularly try to stand during the processions with the Gospel and the Gifts, during the Readings, the Creed, during the preparation of the Holy Eucharist, the Lord's Prayer and reception of Communion. * We **invite you** to stay after the Thanksgiving Prayers **for fellowship** and the meal so that we may greet you personally, and to answer any questions you may have about our faith, our parish or today's service. * Please help yourself to the brochures and information on the east side counter. * All children **ages three through twelve** are encouraged to attend our Sunday School after Holy Communion.

* **We hope you will visit us again very soon.** *

PLEASE SEND PRAYER CORNER NAMES & UPDATES ALONG WITH BULLETIN ANNOUNCEMENTS TO:

Daniel Schulte: schulte_d@aol.com

Book Store: asonaocbs@gmail.com

Rubrics for Today: Resurrection Tone 3

Resurrection Tone Sheets are on the Literature Table

Along with Special Tone Sheets for the for Precious Cross
Resurrection Texts are also in the Appendices of the Black Liturgy Books

PRAYER CORNER

May God Grant Many Years! Mike Ruehle, Beth Reardon and Chuck Stump on their Birthdays and to Jonah Ruehle and Mary Jo Austin on their Name Days.

May the Lord grant His mercy and healing diagnosed with cancer: Olga, Nona (Gretchen), Ionela, Madalena, Archpriest Steven, Caroline, Frank, Deacon Jeremiah, Stephanie, Sara, McKenzie, Nicole, Robert, Peter, Ita, Carol, Deacon Gerasimus, Juan, Ivan, Lubov, Daria, Cynthia, Karen, Paul, Protodeacon Nicholas, Archbishop Nikon of Boston and Archbishop Lazar.

And for those in remission from cancer: Madolyn, Dr. Frye, Mary Beth, Ron, Galina, Yelena, Yelena, Jasmine and F^r Silouan.

May the Lord grant His mercy and healing to those with other ailments, injuries, difficult situations and intentions needing prayer: Diana, Emily, Kathleen, Virginia and her unborn child, Alex, Liliana, Bella, Elizabeth, Camille, Allen, Ryan, Jared, Rebecca, Randel, Ludmilla, Rebecca, Mary, Joni, Infant Ransom, Jackson, Jennifer, Peggy, Mioara, George, Kent, Connie, Peter, infant Jackson, child Sophia, child William, Mikhail, Jason & Kristina, Toby, infant Katie, Nina, Elizabeth, Matushka Ingrid, Evdokiya, Michael, Ana, Bob & Marilyn, George, Gabriella & Andrei, Loretta, Richard, Bill, Maria, Andrey, Nikolay, Fotiniya, Joseph David, Carolyn, Deacon Steven, Kendrick, Camryn, Emma, Subdeacon Columcille, John & Sharon, Deacon Gerry, Irene, Subdeacon Gregory and Ernest.

Please Pray for our Catechumens: Kelly, Debra and Daniel.

God Grant Many Years! to all those others celebrating Name Days, Birthdays and Anniversaries.

O Lord, please send your angels to watch over all those traveling.

PARISH FINANCIAL REPORT THRU FEBRUARY, 2019

Operating Income: \$22, 110⁵⁹ Operating Expenses: \$20,200⁸⁴
Charity Collections: \$823⁵⁵ Building Fund Income: \$507,228⁴⁸

ANNOUNCEMENTS

PRE-PASCHA CHURCH CLEANING: Please plan to join us. It will take place on Saturday, April 13th starting at 9:00am. Brunch will be provided by the parish. Please sign up in advance on the literature table. Thank you!

THANK YOU FOR YOUR PRAYERS, KINDNESS AND LOVE

...Matushka Ingrid

If YOU WISH TO CONTRIBUTE to a charitable fund for **Matushka Ingrid** all you need do is write a check to ASONA and write "Matushka Ingrid" on the "for" line and it will be passed through to her. Thank you.

THE PRAYER OF S' EPHRAIM is our faithful companion during the Lenten journey. This prayer is incorporated in every weekday service during the Great Fast, but we should also include it in our own prayer rule as well. Furthermore, I would like to encourage us to contemplate on its profound meaning in the coming days leading to Pascha.

PRAYER OF S' EPHRAIM

O Lord and Master of my life! Take from me the spirit of sloth, despair, lust of power, and idle talk (full prostration).

But give rather the spirit of chastity, humility, patience, and love to Thy servant (full prostration).

Yea, O Lord and King! Grant me to see my own transgressions and not to judge my brother; for blessed art Thou unto ages of ages. Amen (full prostration).

O God, cleanse me a sinner and have mercy on me (12x, bowing each time). Then repeat the entire prayer as a whole with only one full prostration at the very end.

REPENT FOR THE KINGDOM OF HEAVEN IS AT HAND!

Great Lent is often referred to as the school of repentance, because the purpose of the fast is not to change our diet, but to undergo a change of mind, a change of heart, a true conversion. And in order for this to become a reality it is indispensable for us to prepare ourselves and come to the Sacrament of Confession with humility and contrition for a broken and contrite heart, God will not despise (Psalm 51:17). Our typical time for Confession is on Saturdays after Great Vespers. However, I'm available at other times if you would like to contact me and make an appointment. Please do not wait until the end, for due to the busy schedule of Holy Week, there will be no Confessions then.

...God Bless, F^r Nikolay